



GOURMET JEALOUSY BAR

Granola Bar with mixed berries and roasted almonds

Ingredients:

Rolled oats*°, honey°, dried cranberries° (cranberries, sugar, sunflower oil), spelt flour*° and/or Red Fife flour*°, almonds, tamari* (water, soybeans*, wheat*, salt), sunflower oil, crispy rice* (brown rice flour, evaporate sugar cane juice, salt, blackstrap molasses), agave syrup*, oat bran*°, coconut*, dried blueberries (blueberries, sugar, sunflower oil), dried cherries (cherries, sugar, sunflower oil), agar-agar.

May contain: sesame, milk, hazelnuts.

*Organic ingredients

° Local ingredients

Product aspect: Dry product

Storage and product conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

Expiration:

The product is identified with a lot number.
Each box and each bag are identified with this lot number and with the expiry date (DD-MM-YY).

Valeur nutritive Nutrition Facts

pour 1 barre (35 g)
Per 1 bar (35 g)

Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 130	
Lipides / Fat 3 g	5%
Saturés / Saturated 0,3 g + trans / Trans 0 g	2%
Cholestérol / Cholesterol 0 mg	0%
Sodium / Sodium 60 mg	3%
Glucides / Carbohydrate 23 g	8%
Fibres / Fibre 2 g	8%
Sucres / Sugars 12 g	
Protéines / Protein 3 g	
Vitamine A / Vitamin A	0%
Vitamine C / Vitamin C	0%
Calcium / Calcium	0%
Fer / Iron	6%



5530 St-Patrick, suite 1109, Montréal, Québec, H4E 1A8, Canada

Phone number (514) 769-4246 Fax (514) 769-7802

Web site www.lafourmibionique.com E-mail info@lafourmibionique.com