



VITALITY GOURMET GRANOLA

Honey roasted breakfast cereal blend with cranberries, roasted almonds, apples and calendula petals

Ingredients:

Rolled oats^{*°}, honey[°], spelt flour^{*°} and/or Red Fife flour^{*°}, sunflower oil, cane sugar^{*}, rolled rye^{*°}, rolled barley^{*°}, dried cranberries[°](cranberries, sugar, sunflower oil), oat bran^{*°}, , tamari^{*} (water, soybeans^{*}, wheat^{*}, salt), coconut^{*}, almonds, dried apples, flax seeds^{*}, sesame seeds^{*}, calendula petals^{*}, cinnamon.

May Contain: Peanuts, milk, hazelnuts and other tree nuts.

*Organic ingredients (75% of final product)

°Local ingredients

Contains 32g of whole grain per portion of 50g.

Product Aspect: Dry product

Storage and Product Conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

Best Before Date:

The product is identified with a lot number. Each box and each bag are identified with this lot number and with the best before date (DD-MM-YY). The product has a 10 month shelf-life.

Valeur nutritive Nutrition Facts

pour 1/2 tasse (50 g)
Per 1/2 tasse (50 g)

Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 220	
Lipides / Fat 7 g	11%
Saturés / Saturated 1 g + trans / Trans 0 g	5%
Cholestérol / Cholesterol 0 mg	0%
Sodium / Sodium 120 mg	5%
Glucides / Carbohydrate 34 g	11%
Fibres / Fibre 5 g	20%
Sucres / Sugars 9 g	
Protéines / Protein 6 g	
Vitamine A / Vitamin A	0%
Vitamine C / Vitamin C	0%
Calcium / Calcium	2%
Fer / Iron	10%



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