



## APHRODISIAC GOURMET GRANOLA

Honey roasted breakfast cereal blend with dark chocolate, roasted almonds, currants and Siberian ginseng

### Ingredients:

Rolled oats<sup>°</sup>, honey<sup>°</sup>, spelt flour<sup>\*°</sup>and/or Red Fife flour<sup>\*°</sup>, sunflower oil, cane sugar<sup>\*</sup>, dark chocolate<sup>\*1</sup> (cocoa mass, sugar, cocoa butter, vanilla), rolled rye<sup>\*°</sup>, rolled barley<sup>\*°</sup>, oat bran<sup>\*°</sup>, tamari<sup>\*</sup>(water, soybeans<sup>\*</sup>, wheat<sup>\*</sup>, salt), coconut<sup>\*</sup>, currants (currants, vegetable oil), almonds, sesame seeds<sup>\*</sup>, flax seeds<sup>\*</sup>, cocoa powder<sup>\*1</sup>, Siberian ginseng<sup>\*</sup>, natural flavor.

<sup>\*</sup>Organic ingredients (79% of final product)

<sup>°</sup>Local ingredients

<sup>1</sup>Fair trade ingredients

May contain: peanuts, hazelnuts, milk and other tree nuts.

Contains 31g of whole grain per portion of 50g.

**Product Aspect:** Dry product

### Storage and Product Conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

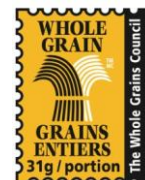
### Best Before Date:

The product is identified with a lot number. Each box and bag are identified with this lot number and with the best before date (DD-MM-YY). The product has a 10 month shelf-life.

### Valeur nutritive Nutrition Facts

par 1/2 tasse (50 g)  
Per 1/2 cup (50 g)

Teneur Amount	% valeur quotidienne % Daily Value
<b>Calories / Calories</b> 220	
<b>Lipides / Fat</b> 8 g	12%
Saturés / Saturated 1.5 g + trans / Trans 0 g	8%
<b>Cholestérol / Cholesterol</b> 0 mg	0%
<b>Sodium / Sodium</b> 110 mg	5%
<b>Glucides / Carbohydrate</b> 33 g	11%
<b>Fibres / Fibre</b> 5 g	20%
<b>Sucres / Sugars</b> 9 g	
<b>Protéines / Protein</b> 6 g	
<b>Vitamine A / Vitamin A</b>	0%
<b>Vitamine C / Vitamin C</b>	0%
<b>Calcium / Calcium</b>	2%
<b>Fer / Iron</b>	15%



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